

## APPLIQUE INSTRUCTIONS:

There are two options for completing the applique for the **Pepperdish** quilt.

**Option 1:** You can use the flower to the right as a guide to cut out your own stabilizer kit, in which case you will need to follow instructions on these pages under Cutting your Own Petals, Copies, and Special Hints, then refer to Page 14 of the pattern. For this option, you will need to use the applique template to the right, photocopy the image, and begin a process of manually cutting out the applique templates for each applique piece on the quilt.

**Option 2:** Purchase (1) package of the Cactus Flower Quiltworx Impressions Stabilizer Kit, which is a laser-cut stabilizer product cut from a stabilizer called Stitch-N-Peel. These products are sold separately and are available from either Quiltworx.com or your local quilt shop. These kits include all of the stabilizer pieces, pre-cut, and flower construction templates (which match the template to the right). The process is as follows:

**Step 1:** Remove the pieces from Bag A (there are (4) small bags inside each large bag) and arrange them according to the template so you know where each piece goes.

**Step 2:** Decide which piece goes with which fabric, then remove the backing to reveal the sticky side of the applique piece. Place the sticky side to the **BACK** of your fabric.

**Step 3:** Cut around the template, about 1/8th to 1/4th of an inch from the edge. Graphics on Page 15 may help you visualize this process better.

**Step 4:** Use a glue pen or stick and the purple thang to fold over the edges around the perimeter. At each tip, snip back a small amount of fabric to eliminate any frayed edges from sticking out. You do not need to cut away the stabilizer as it is flexible and thin enough to simply stay inside the quilt. Repeat Steps 1 to 4 with Bags B and C.

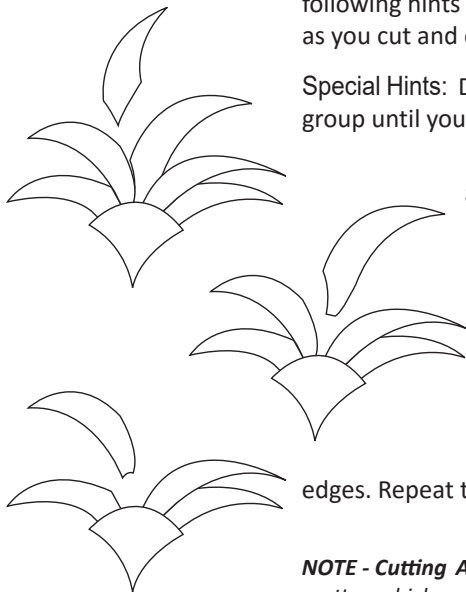
**Step 5:** Place your quilt above a light source and over the template to the right (or the template guides in each bag of your stabilizer kit). Then, rebuild each flower in the correct location on the quilt top. Adhere each applique piece to the quilt top using a basting glue.

**Step 6:** Machine applique to the top of your quilt top. Quiltworx recommends a blanket stitch, with a fresh needle, well-oiled (and frequently oiled to prevent gumming), and a silk thread, such as 100 wt YLI.

## CUTTING YOUR OWN PETALS

If you have chosen to buy the uncut Stitch-N-Peel product or use another form of stabilizer, the following hints will help you keep your pieces sorted as organized as you cut and create your Cactus Flowers.

**Special Hints:** Do not separate the individual petal on each flower group until you are ready to glue them onto the fabric.

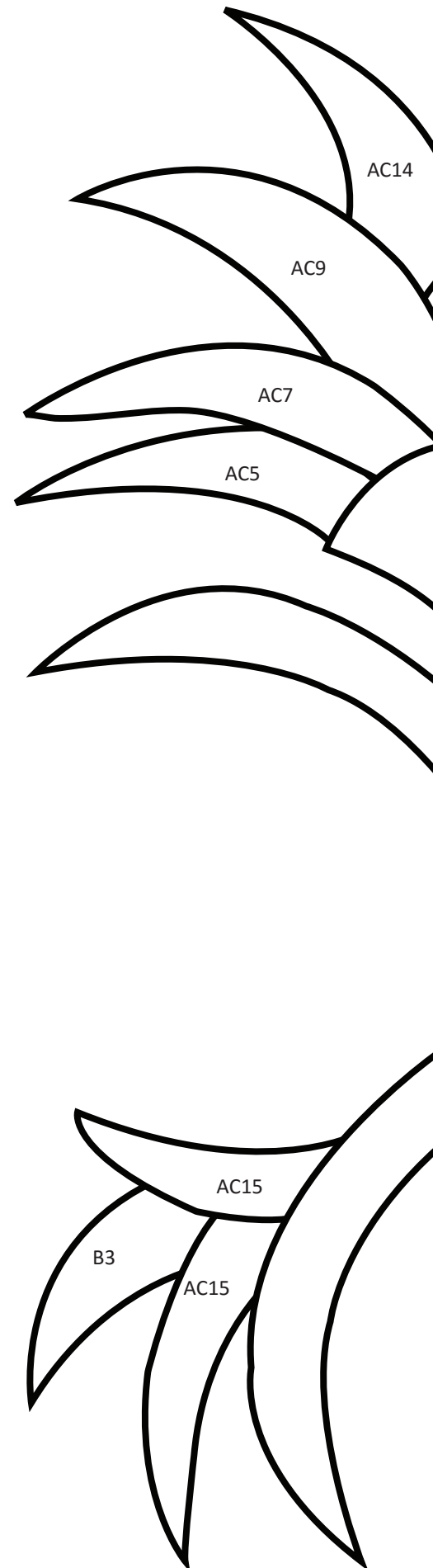
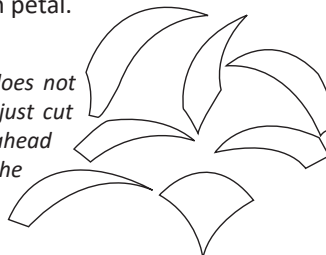


**Step 1:** Cut off the first petal, adhere it to the backside of the fabric. Turn under the fabric edges.

**Step 2:** Cut off the second petal, adhere it to the backside of the fabric. Turn under the fabric edges.

**Step 3:** Cut off the third petal, adhere it to the backside of the fabric. Turn under the fabric edges. Repeat the process for each petal.

**NOTE - Cutting Apart the Petals:** It does not matter which petal you cut off first, just cut them off one at a time as you work through the flower. Thinking ahead and being organized stops confusion. As you built each petal, place the pieces back with the master copy so you don't forget where all the little pieces go!



stabilizer and cut the pieces yourself. We still recommend Stitch-N-Peel, which is available on the role or in 8-1/2" x 11" packages of 10 sheets. You will need at least 1 package of sheets to complete the Pepperdish Wall Quilt.

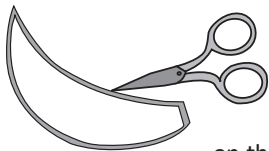
**Stitch-N-Peel Stabilizer:** Cut apart the applique template on Pages 8-9 into sections that group together all of the pieces to make each of the flower heads, and each of the stems. Position these on the 8-1/2" x 11" sheets and cut enough of each piece for (4) total Cactus Flower Applique sets. You can speed up the cutting by placing (1) template onto a layer of (4) stabilizer sheets, stapling them together, and cutting them all at once (described in next step). It does not matter which side you place your applique onto the stabilizer. Just be consistent so the applique turns the same direction around the entire quilt. Skip this step if you purchased the laser cut kit.

**Cutting out the Appliqué Templates:** Cut out around the flowers and stems, cutting through the (4) layers of stabilizer and template page at one time.\* Do not separate the individual petals on each flower group until you are ready to adhere them onto the fabric. So you don't lose track of what goes where. If you have purchased the laser cut kit, these will be pre-cut, so you will need to sort them and use the template on Page 8-9 as a guide to which piece goes where.

**Securing the Templates to Fabric:** Cut off the first group of petals from your flower group. Remove the staple from your template pieces. Peel the back off, then stick the sticky side to the back-side of your fabric. If you want to reposition it, simply peel it back up and replace it in the new position or on the new fabric!

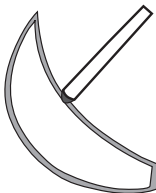


**Trimming around the Templates:** Trim around the outer edge of each template piece, leaving about 1/8" of fabric for the turn-under on the *backside* of each flower.

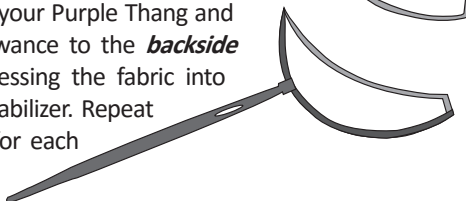


**Turning Under the Edges:** Using your glue pen apply a small amount of glue on the backside of the fabric,

along the edge of the template where the fabric is to be *turned-under*.

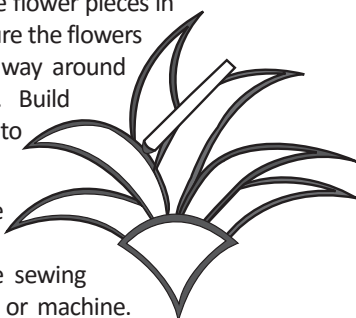


Use the flat end of your Purple Thang and fold the seam allowance to the *backside* of the stabilizer pressing the fabric into the glue on your stabilizer. Repeat the same process for each remaining petal.



**Rebuilding the**

**Flower:** On a light table or light source, place the original flower template (Page 8-9) beneath the quilt where you want to apply the flower. Then, begin placing the flower pieces in place. Use basting glue to secure the flowers to the quilt top. Work your way around all of the flowers on the quilt. Build (4) for each Center Medallion to complete the quilt top.



**Basting Glue:** Basting glue is used to hold the appliqué in position on the quilt while sewing on the pieces either by hand or machine.

The basting glue is added in small drops just inside the folded over seams on the back. Try to keep the basting glue away from the edge of your pieces. This will help prevent the breaking of needles when doing your machine appliqué. Additionally, to keep the needle from gumming up during the machine applique process, start with a nice, sharp, fresh needle, then oil it well. Oil it after each flower (and possibly even during stitching if the needle seems to be catching). A high quality, thin silk thread such as 100 wt YLI, in a coordinating color, works wonderfully for having a nice secure stitch that will last for years.

**BINDING INFORMATION**

**Double Folded Straight Edge Binding:** The width of your binding is up to you. I normally cut my strips 2-3/4" wide. I like the look of a wider binding. A wider binding is also easier to sew or fold over on the edges of your quilt. You will need to cut enough 42" strips to go around the outer edge of your quilt. In this case, (5) strips will be enough. The strips are joined together, then pressed in half. The binding is sewn onto the top-side of the quilt with your machine after the quilt has had the quilting completed. It is then hand stitched to the backside of your finished quilt.

**Quilting Design:** Quilting designs may be available for the quilt you are quilting, particularly if you choose to put your applique on after you complete the quilting of your Pepperdish quilt. To find quilting designs scan the code on the back of this pattern and look for the Related Products. Quilting designs will be posted there as appropriate.

**ACKNOWLEDGEMENTS**

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 Quilted by : Quiltworx.com

