

Sewing Fabric to the Foundation Paper

When sewing the fabrics to the foundation paper, each fabric piece must cover the underside area plus the extended seam allowance for each section you are sewing. The dashed lines can be used to locate this area before adding your fabrics. This can be done three different ways and each technique works.

1. *I fold and crease the papers on the dashed line before I add the next piece of fabric. After creasing the dashed lines, I flip the paper over to find each section on the backside of the paper.*
2. *You can also trace the dashed lines on the backside of the foundation paper. This can be done by using a light-table or by placing the paper up to a window. Tracing works best when you are working on large foundation units.*
3. *Some people hold the paper up to a light-source to see if the fabric has been properly placed under the section they are sewing.*

Foundation Papers, Templates, and Bags

The foundation papers are on the newsprint sheets labeled **NP 205, NP208, and NP210**. To minimize confusion, it is recommended to cut out the exact number of papers for only **(1)** table runner at a time. The following directions explain how to trim and sort these units to stay organized. If a unit is damaged during the cutting process, simply repair it with scotch tape along the unintentional cut and move on.

Tracing Dashed Lines: It is recommended that you trace the dashed lines on the backside of the papers before beginning the paper piecing. This helps identify the perimeter of each section on the foundation unit to accurately place the fabric piece so it covers the entire section prior to sewing the fabric to the foundation paper.

Numbering the Back of the Foundation Units: It is very important to number the back of the foundation papers as described for each Unit in the following directions. The numbering designates the order you will sew the units in. If this numbering is not done, it is EXTREMELY easy to sew the wrong piece to the wrong paper and end up with a mistake in the colorwave created in the Chevron. I did it a few times on the first two table runners I made, before I gave in and added numbering to the pattern! See the '**Organization Diagram**' on Page 3 for a reference graphic.

NP 205, Unit CV1-L: Cut out (12) foundation units, leaving a 1/8" margin around each unit. Trace the dashed lines on the backside of your foundation units. Number the units on Section 4 from **#2 to #13**. Place these papers into a gallon size Ziploc Bag and label it Bag #1.

NP210, Units CV4-L and CV4-R: Cut out (1) CV4-L, leaving a 1/8" margin around the unit. Trace the dashed lines on the back of the foundation paper and label this unit #1 on Section 4. Place into Bag #1 with the Unit CV1-L papers. Cut out (1) CV4-R, leaving a 1/8" margin around the unit. Trace the dashed lines on the back of the foundation paper and label this unit #26 on the back of Section 4. Place this into a second gallon size Ziploc Bag and label it Bag #2.

NP208, Unit CV1-R: Cut out (12) foundation units, leaving a 1/8" margin around each unit. Trace the dashed lines on the backside of your foundation units. Number the units on the back of Section 4 from **#14 to #25**. Place these units into Bag #2.

Traditional Piecing Templates

NP210, Background Templates: There are two background templates included on NP210 to help you accurately cut the background pieces that serve as the borders and the center background of the Table Runner. Trim these carefully on the outside solid line and place into a third gallon size Ziploc Bag and label it Bag #3.

Organizing and Cutting the Fabrics

Background Fabrics: This pattern requires **(1)** 3-yard cut of fabric for the background, which is referred to as the Background Fabric. During the cutting, the background will be divided into each of the three bags and labeled according to the sections it will be sewn to. At this point, put all of the background fabric into Bag #3.

Chevron Fabrics: This pattern uses 5" square Charm Packs. Three sets of charm packs were used to complete all four table runners on the coversheet. The Charm Packs selected for the coversheet patterns include:

1. *Moda Precut #1 42100PP: Paint Box Batik Charm Pack*
2. *Moda Precut #1 41012PP: Over the Rainbow Charm Pack*
3. *Moda Precut #1 4322PP: Island Sun Batiks Charm Pack*

These packages were designed by Edyta Sitar of Laundry Basket Quilts and are intended to compliment the Silhouettes pre-cut appliqué kits. The packages were mixed and matched and four different colorwaves of 26 colors were picked. These were selected based on the desired color scheme of the table runner themes and arranged in a gradual color step from one piece to the next so that it appears that the colors are fading into each other from one section of the Chevron to the next.

The fabric colorwaves for three of the table runners were clipped together and set aside for a later project. The fabrics for the project to be completed were cut in half to create 52 2-1/2" x 5" strips, with two strips of each color. In the '**Organization Diagram**' on Page 3, these are referred to as C1 through C26 and each color is used twice, once on the left side of the table runner and once on the right side of the table runner. Labeling them C1 to C26 with a sticky label may be helpful.

The task of making sure these fabrics stay in the correct order from this point forward is very important. The best way to accomplish this is as follows:

1. *Remove your foundation papers from Bag #1 and put them in order (from #1 to #13), with #1 on top and the front side (side with the lines and writing) facing up.*
2. *Using a rotary cutter, slice the top 1/4" off of the top of one stack of 2-1/2" x 5" strips.*
3. *With a glue stic, take the 1/4" cut section and glue it to Sec. #1 on the foundation paper labelled #1.*
4. *Using the glue stic again, glue the 2nd 1/4" cut section to Sec. #3 on the foundation paper labelled #1. These two sections are your chevron sections. All other sections on the foundation unit will be sewn to background fabric.*
5. *Repeat this process for ALL 13 foundation units. When the fabrics are glued to the back side of the foundation paper, place the foundation papers back into Bag #1.*
6. *Sort the 2-1/2" by 5" strips into TWO stacks. The first stack will be Sec. #1 fabrics, in order of the foundation units from #1 to #13, with fabric C1 on top (C1, C3, C5, C7, C9, etc). The second stack will be for Sec. #3 fabrics, in order of the foundation units from #1 to #13, with fabric C2 on top.*